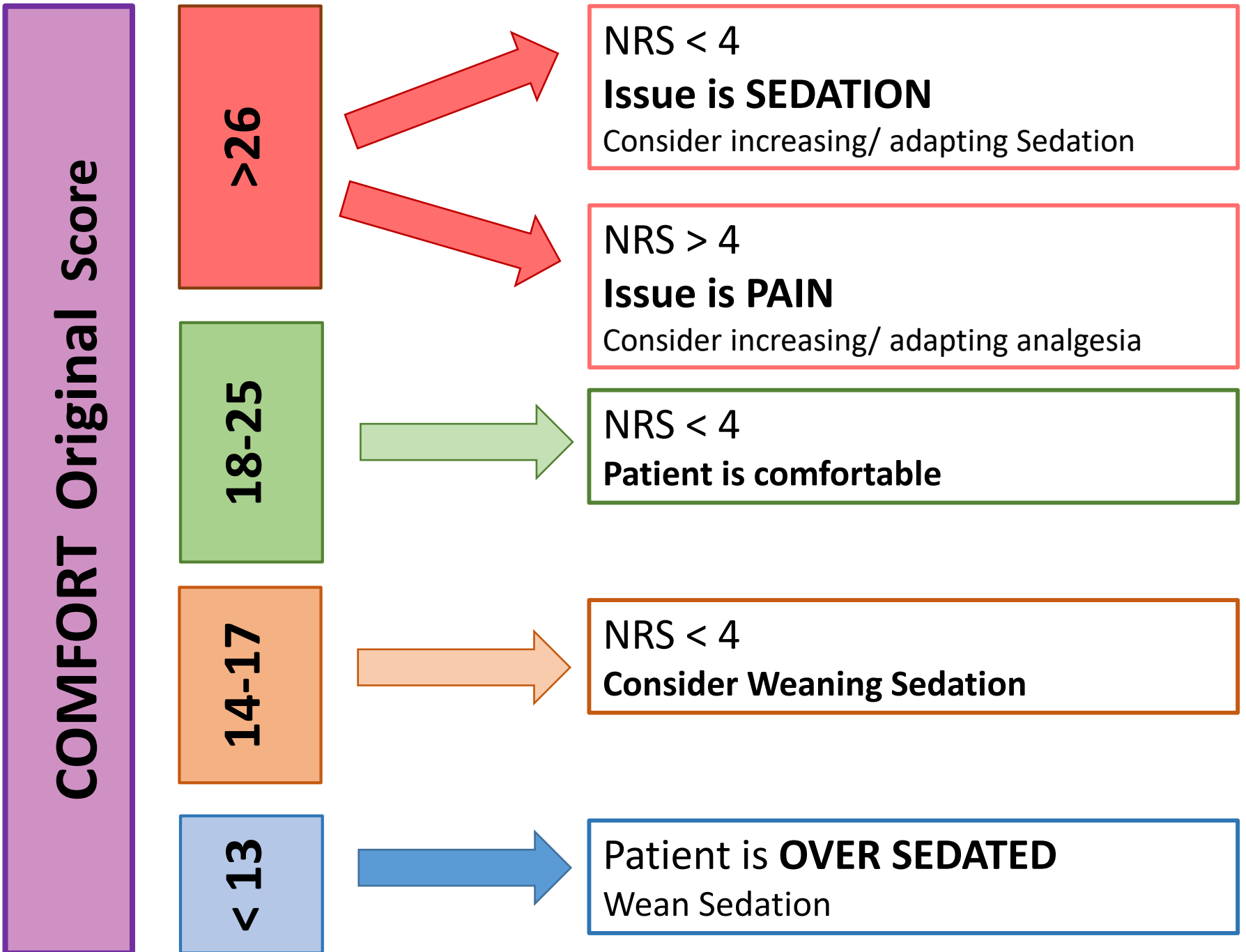




COMFORT Original Score Titration Guide



FACES Pain Score (0-10)

(Wong & Baker, 1988)

Faces pain score is suitable for children 3years and over who can self report their pain. Point to each face describing the pain intensity then ask the child to point to the face that best describes their pain. *FACES of 4 or more is sufficient pain level to require intervention.*

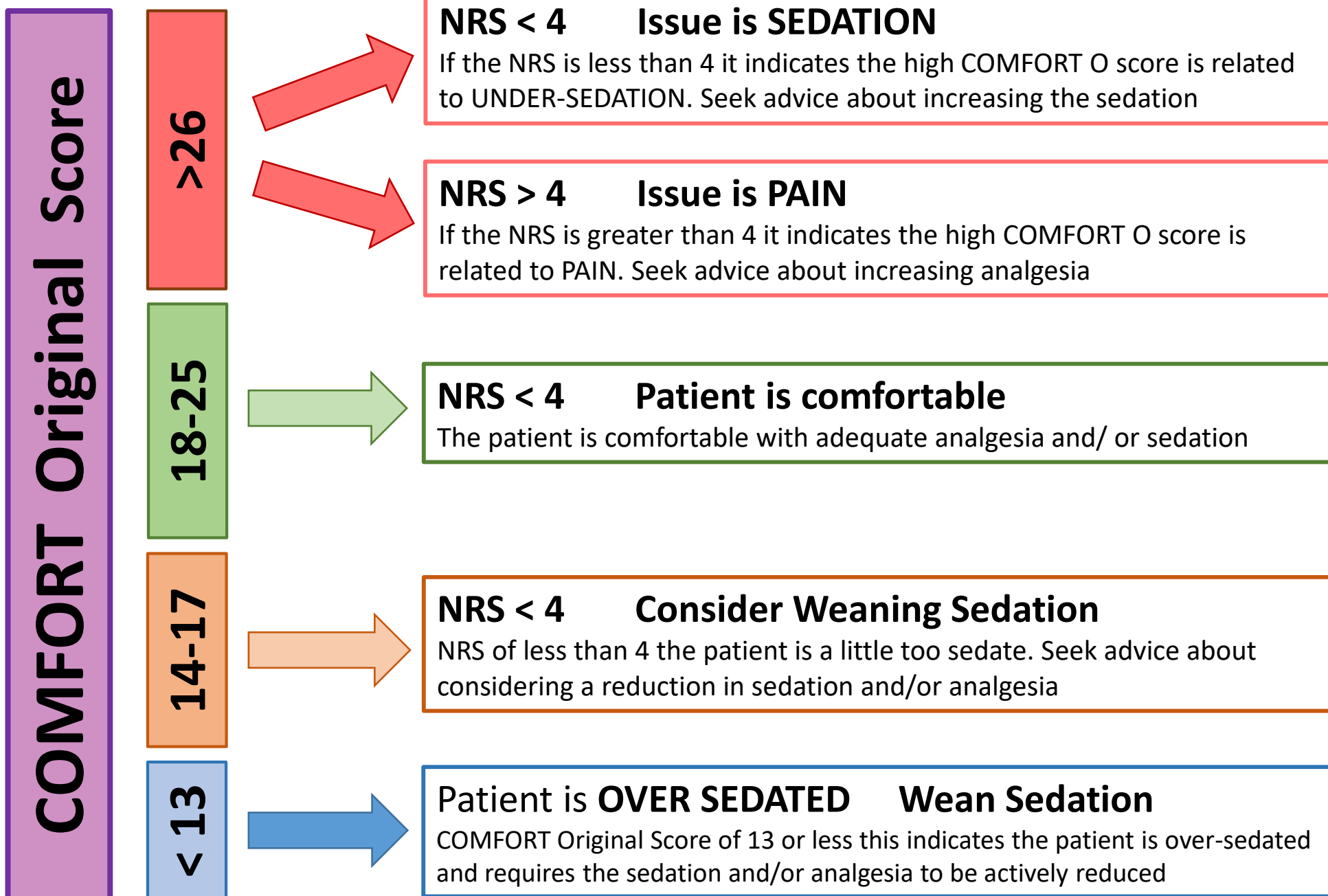




COMFORT Original Score Titration Guide



First assess the COMFORT Original Score then assess the pain score



FACES Pain Score (0 – 10)

| | | | |
|-----------------------|-------------------------|-----------------------------|----------------------------|
| NO PAIN 0-1 | MILD PAIN 1-3 | MODERATE PAIN 4-7 | SEVERE PAIN 8-10 |
|-----------------------|-------------------------|-----------------------------|----------------------------|

Faces pain score is suitable for children 3years and over who can self report their pain. Point to each face describing the pain intensity then ask the child to point to the face that best describes their pain. *FACES of 4 or more is sufficient pain level to require intervention.*

By utilising a pain score in combination with a COMFORT Behavioural Score the interpreter can more accurately determine if the high score is in relation to pain or under-sedation

A high COMFORT Score can indicate pain, or can indicate distress as a result of behavioural factors- anxiety, separation from parents, confusion or grief. A knowledge of the child's baseline behaviours will assist in distinguishing causes of high COMFORT B Scores.

If the FACES is reported as 4 or more this is indicative of a sufficient level of pain that a pharmacological or non-pharmacological intervention should be initiated. Non-pharmacological methods of pain relief and comfort must always be considered in combination with pharmacological methods