



CAPD DEVELOPMENTAL ANCHOR POINTS



	NEWBORN	4 WEEKS	6 WEEKS	8 WEEKS
1. Child's eye contact?	Fixates on face	Holds gaze briefly Follows 90 degrees	Holds gaze Follows 90 degrees	Follows moving object past midline, focus attention
2. Child's actions purposeful?	Moves head to side, led by primitive reflexes	Reaches uncoordinated	Reaches	Symmetric movements, passively grasp objects
3. Aware of their surroundings?	Calm awake time	Awake alert time Turns to parental voice & smell	↑awake alert time. Turns to parental voice & smell	Facial brightening or smile, frown, coos in response to stimuli
4. Communicates needs & wants?	Cries when hungry or uncomfortable	Cries when hungry or uncomfortable	Cries when hungry or uncomfortable	Cries when hungry or uncomfortable
5. Child restless?	No sustained wake state	No sustained calm state	No sustained calm state	No sustained calm state
6. Child inconsolable?	Not soothed by parental comfort actions	Not soothed by parental comfort actions	Not soothed by parental comfort actions	Not soothed by parental comfort actions
7. Little movement while awake?	Should predominantly sleep comfortably	Little if any reaching, kicking, grasping (still poorly coordinated)	Little if any reaching, kicking, grasping (more coordinated)	Little if any purposive grasping, head and arm movements
8. Slow to respond to interactions?	Not making sounds or reflexes as expected (grasp, suck, moro)	Not making sounds or reflexes as expected (grasp, suck, moro)	Not kicking or crying with noxious stimuli	Not cooing, smiling, or focusing gaze to interactions



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CAPD DEVELOPMENTAL ANCHOR POINTS



	6 MONTHS	1 YEAR	2 YEARS
1. Child's eye contact?	Holds gaze. Prefers parent. Looks at speaker	Holds gaze. Prefers parent. Looks at speaker	Holds gaze. Prefers parent. Looks at speaker
2. Child's actions purposeful?	Coordinated smooth movement & reach	Manipulates objects, tries to change position/get up	Manipulates objects, tries to change position, get up and walk
3. Aware of their surroundings?	Strongly prefers parent. Differentiates novel & familiar objects	Prefers parent, upset when separated Comforted by familiar objects	Prefers parent, upset when separated Comforted by familiar objects
4. Communicates needs & wants?	Vocalizes needs, eg. hunger discomfort, curious of surroundings	Uses single words, or signs	3-4 word sentences, or signs. May indicate toilet needs
5. Child restless?	No sustained calm state	No sustained calm state	No sustained calm state
6. Child inconsolable?	Not soothed by usual comfort methods	Not soothed by usual comfort methods	Not soothed by usual comfort methods
7. Little movement while awake?	Little if any reaching, grasping, moving around in bed, pushing away	Little /no play, efforts to sit, pull up, and if mobile crawl or walk around	Little /no elaborate play, efforts to sit, move, stand, walk, or jump
8. Slow to respond to interactions?	Not babbling, smiling or actively rejecting social interactions	Not following simple directions or engaging with simple words	Not following simple commands or engaging in more complex words



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